

This is a version of a nine patch made with three hour glass blocks. **If you follow these directions you will make two blocks!**

Fabric

- (1) white-on-white fabric or other low volume fabric with a white background, 10" x 14"
- (1) print fabric in bright blue or green, 10" x 14"

Cutting

From the white fabric:

- (4) 3 1/2" squares
- (3) 4 1/2" squares
- (2) 1 1/2" x 9 1/2" rectangles
- (2) 1 1/2" x 11 1/2" rectangles

From the print fabric:

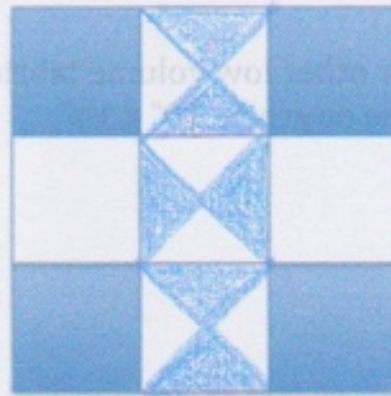
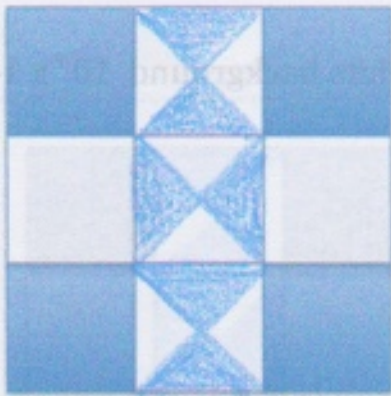
- (8) 3 1/2" squares
- (3) 4 1/2" squares

Making the Hourglass Blocks the two at a time method:

- Pair a white 4 1/2" square with a print 4 1/2" square, right sides together.
- Draw a diagonal line on the back of the white square.
- Sew a 1/4" seam allowance on either side of the line.
- Press unit to set stitches.
- Cut on the diagonal line to make two HSTs.
- Press seams toward the printed fabric.
- Pair these two HSTs with right sides together with opposite fabrics touching.
- Draw a line diagonally from corner to corner crossing the seam allowance.
- Sew a 1/4" seam allowance on either side of the drawn line.
- Press to set seams.
- Cut on the diagonal line to make two hour glass blocks.
- Press these seams open to ease bulk in later piecing.
- Trim units to 3 1/2".
- Repeat twice with the remaining 4 1/2" squares to make a total of six (6) hour glass units.



Using the remaining white and printed squares, lay out two blocks, rotating the hour glass units to match:



Sew blocks in each row together to make three rows.

Press seam allowances toward the outside print squares in Row 1 and 3.

Press seam allowances in Row 2 toward the center QST.

Sew rows together, nesting seam allowances at intersections.

Press these seam allowances toward the center.

Square up block to $9\frac{1}{2}$ ".

Sew (2) $1\frac{1}{2}$ " x $9\frac{1}{2}$ " rectangles to two opposite sides of the block. Press seams away from center.

Sew (2) $1\frac{1}{2}$ " x $11\frac{1}{2}$ " rectangles to the top and bottom to complete the frame. Press seams away from block.

