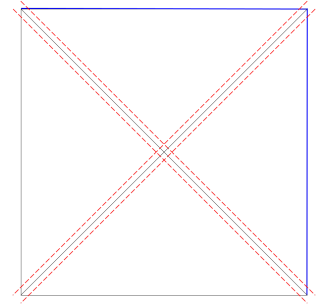


All seam allowances should be a scant quarter-inch. Fabrics may be solids, tone-on-tones, batiks, or prints.

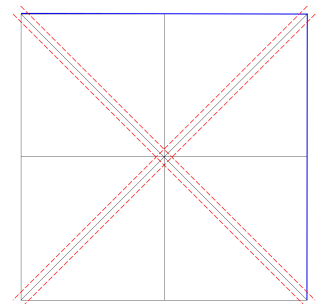
Fabric requirements

- (1) 7¾" square of BLUE
- (1) 7¾" square of WHITE
- (4) 3½" squares of BLUE
- (1) 6½" square of RED



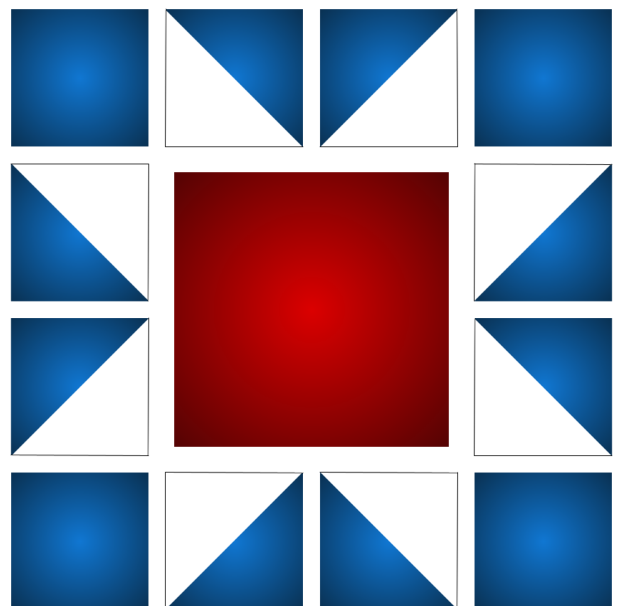
"Magic Eight" Half-Square Triangle (HST) Method

1. Draw a diagonal line, from corner to corner, on the wrong side of the 7¾" square of WHITE. Repeat with the other pair of corners
2. Pin your BLUE and WHITE 7¾" squares right-sides together (RST).
3. Sew a scant ¼" to each side of each line. This will result in four sewn lines. Press to set the seams.
4. Draw a horizontal line through the center of your original drawn "X".
5. Draw a vertical line through the center of your original drawn "X".
6. Cut along **each** drawn line.
7. Open each unit and press the seam allowances toward the BLUE. Trim each unit to 3½" square.



Final Block Assembly

1. Arrange units as shown.
2. Sew together the two HST units on the top row to form a Flying Goose unit. Pay attention to the orientation of your HST units. The BLUE triangles form your goose. Press to set the seam before opening it, and then press the seam allowance to one side.
3. Repeat step 2 for the other pairs of HST units.
4. Sew together the units of the top row. Press to set the seams before opening them, and then press the seam allowances toward the BLUE squares.
5. Repeat step 4 for the bottom row.
6. Sew the left and right Flying Geese units to the center RED square. Pay attention to the orientation of your Flying Geese units. The BLUE geese should point toward the RED square. Press to set the seams before opening them, and then press the seam allowances toward the RED.
7. Sew the three rows together, nesting the seams. Pay attention to the orientation of your Flying Geese units. The BLUE geese should point toward the RED square. Press to set the seams before opening them, and then press the seam allowances toward the RED.



WANT A CHALLENGE? Instead of a simple RED center square, use your favourite 6" (finished) block or fussy-cut a patriotic fabric.